HOW TO SEW A FACEMASK

1 CUT FABRIC

Cut 3 Pieces of Quilting Cotton 9" x 7" and
Cut 2 Pieces of Bias Tape 40"
OR (for Elastic option):
Cut Elastic 10" & 8"

2 PIN & SEW FABRIC

Place two pieces of fabric right sides together. Pin together and horizontally mark the center of the rectangle.
Sew a straight horizontal line leaving a 2-3" opening in the middle.

3 PRESS FILTER POCKET

Grab both top corners of the top fabric only and pull them downwards to meet the bottom. Flip mask over and this time grab the bottom two corners of the top fabric and lift them up to meet the top.

Press seams with an iron. A filter can easily be slid into this pocket at the end of the tutorial.

4 PIN FABRIC

Place the last rectangle on top of the lining with right sides facing each other.

5 SEW FACE MASK

Sew right and left side of mask using a 3/8ths inch seam allowance. Turn right side out and press flat.

6 IRON PLEAT MARKINGS

Fold mask in fourths and press. This will create a guide for pleats in a later step.

7 ATTACH BIAS TAPE

Open bias tape & align raw edges of mask fabric together with bias tape along the top of the mask. Sew along the top crease of the bias tape.
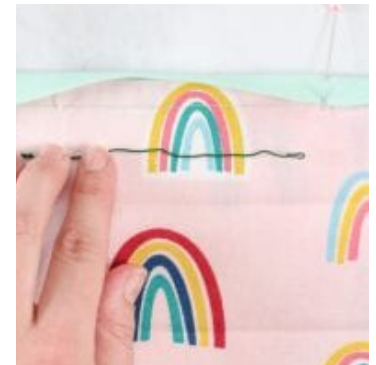

8 INSERT WIRE

Pull bias tape to opposite side encasing the raw edge of the mask. Insert wire along top. Sew along either end of the wire to hold in place.

Close bias tape, pin upwards & sew shut.

9 SEW PLEATS

Create 1/2" pleats facing upwards using pressed markings as a guide.

10 TOPSTITCH

Sew along over the pleats along the right and left side of mask using a 3/8ths inch seam allowance.

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